

Swansea Employability Academy (SEA) Case Study



Swansea University
Prifysgol Abertawe

Swansea Employability Academy
Academi Cyflogadwyedd Abertawe

Chidalu Oluoma

MSc Clinical Psychology and
Mental Health
Year of graduation: 2022



Whilst studying her MSc in Clinical Psychology and Mental Health, Chidalu, originally from Sub Saharan Africa, made a conscious effort to improve her employability skills by engaging with a range of SEA support services; including completing the Career Development Course and attending one-to-one appointments with a Careers Consultant.

The support available at SEA had a direct impact on the number of successful job applications and interviews that Chidalu had, before going on to start her career as a Mental Health and Wellbeing Advisor. As an international student. Chidalu was keen to get feedback on her CV and applications, tailoring these to the UK jobs market.

On engaging with the support available at SEA, Chidalu said:



I got invited to a lot more interviews following our meeting as I implemented advice on completing job applications both from a Careers Consultant and the career development course.

Thanks a lot for all your advice and guidance, it really helped me prepare better for interviews and boosted my self-confidence.



For more information on the careers and employability support available to Swansea University students and graduates, visit our webpage myuni.swansea.ac.uk/sea